Pooja Agarwal, Ph.D. is an expert in the science of learning and Founder of RetrievalPractice.org. She has conducted scientific research for 15+ years, with teaching experience in K-12 and higher education.

Pooja has a forthcoming book, *Powerful Teaching: Unleash the Science of Learning*. Her work has been featured in the New York Times and Scientific American, as well as numerous books and podcasts.

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- Power Up: Dive into spaced practice, interleaving, feedback, and metacognition
- Go Behind the Scenes: Discover landmark research from the science of learning
- Build a Supportive Class Culture: Reduce student anxiety and increase student buy-in
- How to Study: Gain insight into practical science-based study tools for students

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Pooja presents keynotes and workshops with thousands of educators in K-12 and higher education around the world. Here’s what they say about her professional development.

“Excellent presentation today. It was by far the best I saw because Pooja not only addressed the question of ‘What?’ in our conversation, Pooja addressed ‘How?’, which I found to be lacking in the rest.” (University Professor)

“Since Pooja came, I’ve been so much more mindful about challenging students to practice retrieval. And I’m getting very good results. I am so glad to have her valuable training.” (High School Teacher)

“I spent 20 years as a faculty member and about a dozen as the director of two teaching centers. I know good work when I see it, and Pooja’s contribution is both unique and necessary in today’s higher ed world.” (University Administrator)

100% of 45 high school teachers agreed or strongly agreed that Pooja is knowledgeable about the subject matter. 95% agreed or strongly agreed that Pooja is organized and well-prepared.

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